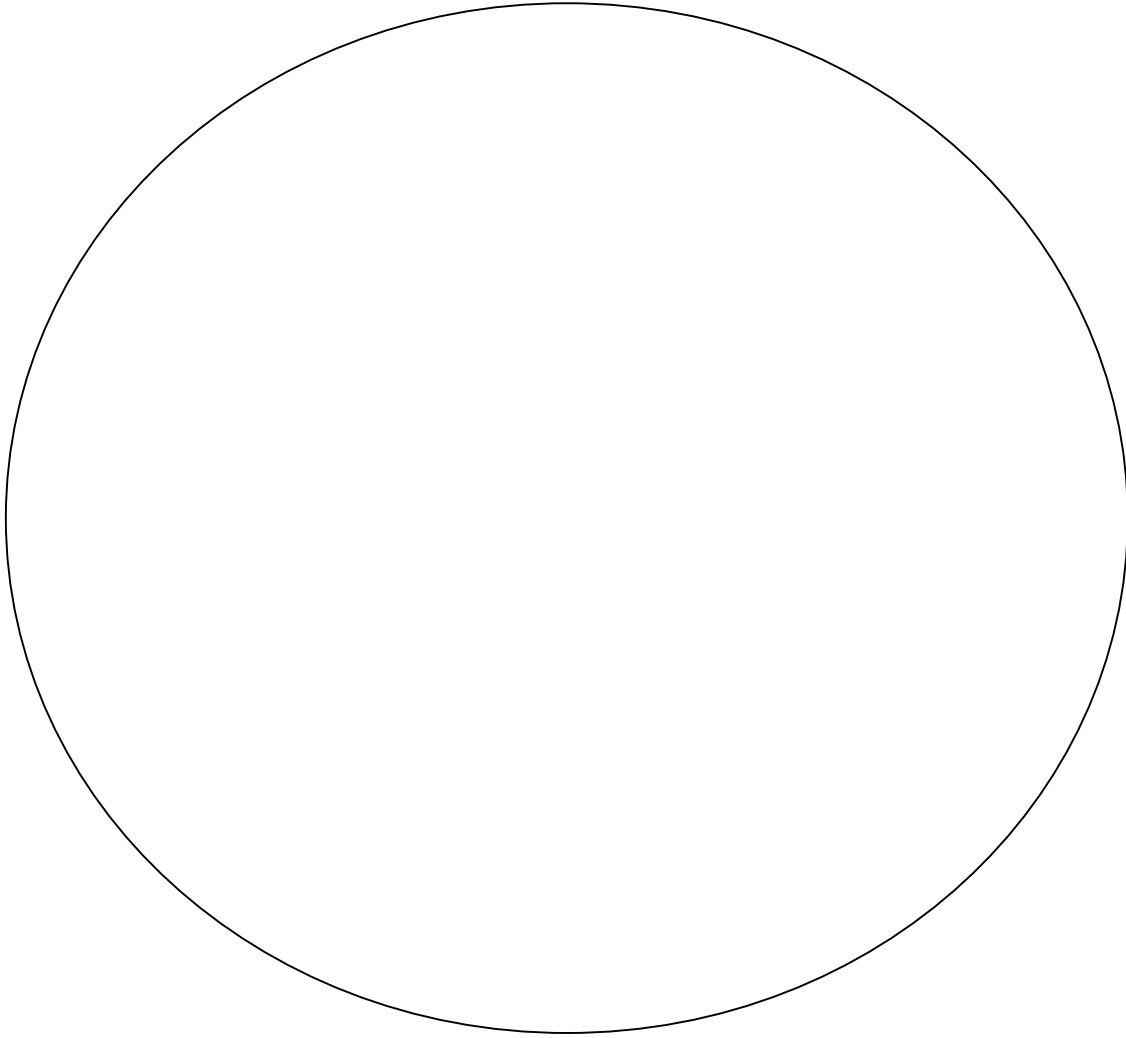


How Do You Slice It?

Using this simple pie to represent your work, simply reflect on the past two weeks and isolate your time by slicing up the entire pie into percentages to equal 100%. List specific activities along with the percentages.



Reflection Questions:

What patterns do you notice when examining how you spend your time? Which activities would you like to do more / less of and why? How could you allocate your time more effectively to move you closer to professional goals?